

Public mental health research: Help shape our programme

What is the Public mental health research programme?

It is a programme of work being carried out within the School of Public Health Research, funded by the NIHR (National Institute for Health Research). The focus is on factors influencing mental health in communities across the UK. The goal is to better understand public mental health as a concept and in practice for all age groups. We also need to consider which outcomes we should target in public mental health research studies. In the later stages, the programme will evaluate the impact of specific public mental health projects such as in schools or the workplace.

How can I get involved?

We are looking for 4 people who have faced different challenges or trauma that have impacted their wellbeing. You would join the team as a peer researcher. Our work will cover youth to older adults so we hope to build a team with diverse life experience and expertise. Tasks include:

- Helping to plan and facilitate workshops
- Supporting reviews of current evidence
- Recruiting people to attend events
- Drawing on personal experiences of challenges to wellbeing in the role (what we

- Liaising with wider groups of people to understand their views and feedback
- Member of committees and working groups shaping projects and activities
- Writing blogs, reflect on involvement impact

That all sounds good, but what are the practicalities?

The roles are available for 12 months in first instance. It is offered as a daily consultancy rate of £150. There will be approximately 2 day's work per month, coordinated by the London based team but work with teams in Cambridge, Sheffield, Bristol, and other sites. Some travel will be required, and reimbursed. There will be telephone conferences to attend. The roles will be supported by an involvement lead at McPin Foundation.



Interested? Please get in touch to find out more!

We have an expression of interest form for you to complete

Email: contact@mcpin.org

or call: 020 79227877 by Monday 15th April, 2019