Participant Preferences

For studies where we conduct interviews with potentially vulnerable people we make sure to ask them beforehand what sort of support they might like before, during and after the interview. Presented here are the responses from interview participants across three separate projects; IAPT for SMI evaluation, Birth Companions Evaluation and the PEOPLE study.

Reminders
We asked 85 participants across 2 studies whether they would find it helpful to be reminded about the interview.

- 60% of participants requested a reminder text.
- 38% of participants said they would not forget.
- 1% requested a phone call.
- 1% requested an email.

If I become upset in the interview...
We asked 85 participants across 2 studies what they would like to happen if they became upset during the interview.

- 80% of participants preferred to get their own support.
- 11% wanted someone from the research team to contact them after.
- 9% wanted somebody to be contacted on their behalf. These contacts included a friend, GP and the local NHS trust.

If I seem unwell during the interview...
We asked 137 participants across 3 studies what they would like us to do if they seemed unwell during the interview.

- 71% did not want us to contact anybody unless we thought they were at real risk of harm.
- 29% asked that we contacted somebody including both relatives and professionals.

Although in general people did not want us to contact anybody, it is worth noting that in one study 50% asked that we did and 50% asked that we didn't.

Third person support
We asked 52 participants from 1 study whether they would like third person support during the interview.

- 60% did not want third person support during the interview.
- 38% wanted third person support.
- 2% did not know.

Inform anyone?
We asked 52 participants from 1 study whether they would like us to inform anybody of their participation.

- 69% did not want us to inform anybody.
- 31% did want us to inform someone.

If you were taking part in a research interview, would you want to be asked these questions? Are they supportive? Are they intrusive?

We want to hear from you whether our questions are supportive or not. Let us know: contact@mcpin.org

Follow us:
@McPinFoundation /McPinFoundation

McPin Foundation
Transforming mental health research

020 7922 7877
contact@mcpin.org
www.mcpin.org