

HOW DID WE GET TO THE TOP 10?

To identify the Top 10 most pressing, unanswered questions about children and young people's mental health, we convened a Young People's Advisory Group and a steering group. Guided by the James Lind Alliance, together we went through an inclusive and thorough priority-setting process.

DECEMBER 2016



INVOLVING THE RIGHT PEOPLE

A group of funders and supporters was assembled to guide the project, alongside young people, parents and representatives from teaching, social work, mental health services and the charitable sector. They became the steering group for the project.

A Young People's Advisory Group was set up and included seven people aged 14 to 23 who were passionate about mental health research. These two groups were central to all aspects of the project.

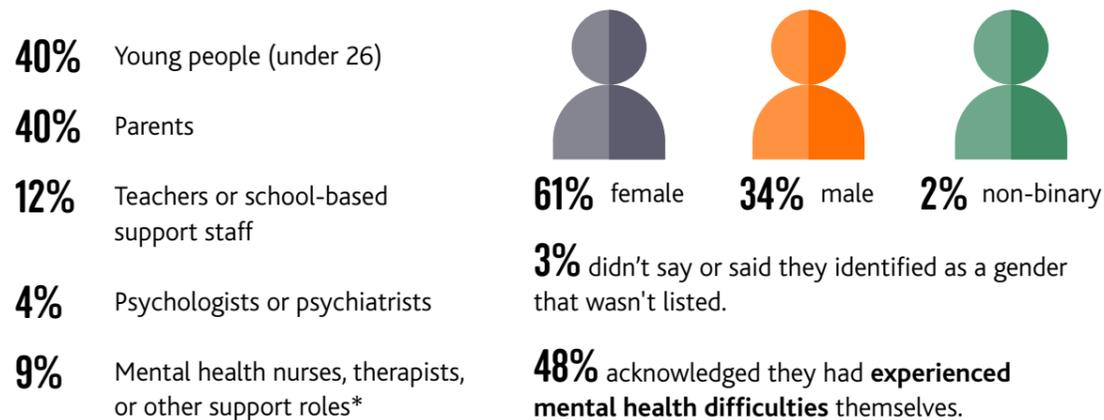


JULY TO OCTOBER 2017



GATHERING YOUR QUESTIONS

A survey was designed to gather the public's questions about young people's mental health. **2,566 PEOPLE** submitted over **5,500 QUESTIONS**. Respondents described themselves as:



* People could choose more than one option. Not everyone provided demographic information and we have based these calculations on those who did.

NOVEMBER 2017 TO JUNE 2018



SORTING AND REDUCING YOUR QUESTIONS

With so many questions submitted, we decided to sort them into themes and take forward the largest theme. This was **Interventions & Services**. It included 3,000 questions, many of which overlapped with the other themes.

WE WHITTLED THESE QUESTIONS DOWN TO 91.

3,000 QUESTIONS

We ruled out any that were out of scope, ambiguous or too broad.

650 QUESTIONS

We grouped similar questions together and came up with one overarching question that captured their meaning.

210 QUESTIONS

We checked the existing research to see how many had already been answered.

91 QUESTIONS

We were left with a large group of questions that had not already been adequately answered by research.



JUNE 2018

PRIORITISING YOUR QUESTIONS

A second survey asked the public to pick which of the 91 questions they felt should be prioritised. Since including all 91 would have meant an extremely long survey, we used



software to show each person a random selection of 40 questions and asked them to choose 10. The software then combined everyone's responses and we generated the top 25 questions to consider.

753 PEOPLE TOOK PART

JULY 2018



PICKING THE TOP 10

The 25 final questions were discussed and prioritised in a workshop attended by members of the Young People's Advisory Group and steering group, as well as young people, parents and professionals who were new to the project. By the end of the day we had agreed on and ranked the **10 MOST IMPORTANT QUESTIONS**, within the theme of Interventions & Services, for children and young people's mental health.



THE FUTURE

The next step is to get answers to the research priorities and use them to shape policy and practice.

