This work points to the great need for more evidence in this field, including potential risks and benefits at stake of social media use. Findings should inform calls for research and funding allocation in order to develop evidence-based mental health policy and guidelines.

**PUBLIC CONSULTATION SURVEY**

- 229 young people and 128 adults completed the survey.
- 87% England
- 6% Scotland
- 5% Wales
- 78% White British/European
- 10% Asian/Asian British
- 6% Mixed/Multi Ethnic group
- 5% Black/African/Black British/Caribbean
- 1% Other

**ETHNICITY**

- GENDER
  - 65% Female
  - 34% Male
  - 1% Other

**THE MCPIN FOUNDATION YOUNG PEOPLE’S ADVISORY GROUP WERE INVOLVED IN:**

- Analysis and interpretation
- Recruitment strategy
- Data collection materials
- Facilitating discussion groups
- Attending the steering group meetings
- Making key decisions about the project throughout

**IMPAKTSA OF LOCKDOWN**

Participants’ views on screen use and young people’s mental health became more favourable during lockdown, potentially due to greater reliance on screens for education, communication, and entertainment and other significant events including the Black Lives Matter movement.

Research topics of interest arising during this time included the effects on adolescent mental health of exposure to constant news updates and online racial bias, and how young people take part in activism online.

**NEXT STEPS**

This work points to the great need for more evidence in this field, including potential risks and benefits at stake of social media use. Findings should inform calls for research and funding allocation in order to develop evidence-based mental health policy and guidelines.