

The McPin Foundation is a mental health research charity. We champion expertise from experience in research so that people's mental health is improved in communities everywhere. We deliver high quality mental health research and evaluations. We support and help to shape the research of others, often advising on patient and public involvement strategies. We work to ensure research achieves positive change. Find out more about us at www.mcpin.org, or follow us on Twitter @mcpinfoundation

Our participants

In 2020-21, we engaged with over 1,340 people across England as participants in our studies or attending research events.

1,340



Our team

Our team integrates expertise from experience into research, advisory, operational, voluntary and consultancy roles.

| | April 2020 | April 2021 |
|--|------------|------------|
| Employees | 25 | 31 |
| Consultancy | 18 | 24 |
| Volunteers | 2 | 2 |
| Involvement work: advisory group members, peer review panel, research panels | 150 | 182 |

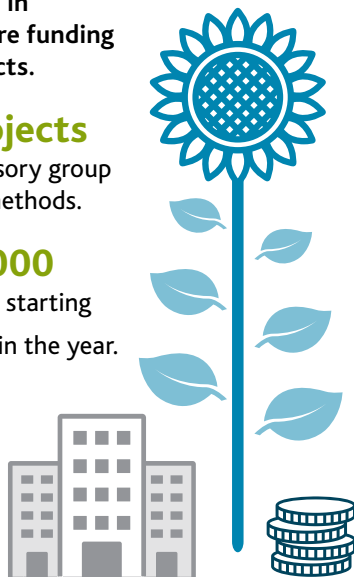
Our new and developing projects

In 2020-21, we were involved in developing proposals to secure funding and start new research projects.

We were involved in **52 projects** – 69% involved a LEAP or advisory group and 46% used peer research methods.

We received **over £475,000** to deliver commissioned work, starting **16 new projects** within the year.

We collaborated with **18 universities** and **13 other partners** to deliver projects.



Our outputs

A vital part of our work is producing practical resources to inform and influence others, alongside comment pieces. In a year when we all lived Covid-19, there was increased emphasis on digital communication.

78 Covid Life entries
www.iampublicmentalhealth.org/covidlife

- 41** Blogs on our website
- 16** Peer review outputs
- 12** Webinars
- 12** Published reports
- 7** Podcasts and videos
- 14** Online conferences/presentations
- 5** Reports for commissioners
- 3** Infographics

Our involvement panels

We continue to run Lived Experience Advisory Panels (LEAPs) for university-based research projects. These are panels made up of people with relevant expertise from experience linked to the research topic being studied; there were 155 members this year.

- 20** Number of involvement panels
- 155** Number of people on panels

Capacity building

- 6** people over the last eight years have left the McPin Foundation to start a PhD or Msc.
- 2** people have been supported to continue PhD/MSc studies whilst at the McPin Foundation.



Help us do more. Donate to us or commission us to work with you: www.mcpin.org
Keep up to date with our newsletter: mcpin.org/stay-in-touch